

# Cardiometabolic Risk and Diabetes

## Diabetes Alliance Educational Conference

Friday April 3 2015

University of North Florida Jacksonville University Center 12000 Alumni Drive

This meeting will provide Physicians, other clinicians and allied health personal an excellent opportunity to learn some of the latest information about Diabetes and Cardiometabolic Risk. Topics will include discussions of:

- *Newer guidelines for hypertension, obesity, and dyslipidemia in patients with diabetes*
- *Emerging and newer medications for diabetes, dyslipidemia and obesity*
- *Reimbursement for Diabetes Self-Management Education and Medical Nutrition Therapy.*
- *Diabetes Distress and its impact on reaching goals for A1C, LDL and B/P*

### Registration

To register go on line at the link below and click on add to cart

[www.stellaredsolutions.org/class\\_learn?course=727](http://www.stellaredsolutions.org/class_learn?course=727)

If you wish to submit a poster or a research paper please go to the following link

<http://www.floridadiabetesallianceedforum.org/posters-research-papers.html>

### Registration Fees

Registration fee Physicians            \$150 early bird \$125 until March 9

Registration fee Others                \$100 early bird \$75 until March 9

Students                                    \$ 40 early bird \$25 until March 9

CME/CEU will be provided

Hotel Information --indicate you are with Educational Diabetes Forum

Holiday Inn,  
11083 Nurseryfields Drive  
Jacksonville, FL 32256  
904-854-8000

[www.jacksonvillehi.com/location.htm](http://www.jacksonvillehi.com/location.htm)

Event Rate: \$69 per night plus tax

[Web Site for the Conference](http://www.floridadiabetesallianceedforum.org)

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## Morning agenda

**7:30 AM to 8:20 AM** Registration, breakfast, visit exhibits, posters and network

**8:20 am** Welcome and opening remarks

Moderator Ed Shahady MD, Course Director

**8:30-9:15 AM**

**Plenary Session** Barriers to Diabetes Self-Management --Diabetes Distress Larry Fisher PhD, Professor Family Medicine University of San Francisco

9:15 -9:40 Panel Response to Dr. Fisher, Jennifer Marks MD, Kathy Mulcahy RN, CDE

9:40-10 AM Q & A

**10 to 10; 30 AM** Break visit exhibits, posters and network

**10:30 to 12 noon** 4 Breakout sessions

**Case Discussions for Diabetes Distress** and other behavioral issues in Diabetes Larry Fisher PhD

**Case discussions** of patients with diabetes and associated hypertension Jan Basile MD

**Emerging and newer Medications** in Diabetes Jennifer Marks MD Professor of Medicine University Miami

**Reimbursement: Money Matters** in Medical Nutrition Therapy, Diabetes Self-Management Education and Shared Medical Appointments Mary Ann Hodorowicz RD, LDN, MBA, CDE, Certified Endocrinology Coder

**Noon to 1:30 PM** Lunch visit exhibits, posters and network

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## Afternoon Agenda

**1:30 to 2:05 PM Plenary** Contrast and compare the American College Cardiology/American Heart Association guidelines to others for **management of lipids** – Carl Orringer MD, Professor of Medicine University of Miami, President Elect National Lipid Association

**2:05 to 2:35 PM Plenary:** Contrast and Compare JNC 8 guidelines for **hypertension**—how do we address them in diabetes and deal with the controversy over some of the recommendations-- Jan Basile MD. Professor of Medicine Medical University of South Carolina

**2:35 to 3 PM Q & A**

**3 to 3:30 PM** Visit exhibits and posters and network

**3:30 to 5 PM** 4 breakout sessions

**Research Papers** 15 min each—10 min present 5 min discussion (6 presenters)

**Case discussions** of patients with diabetes and dyslipidemia Dr. Orringer

**Treatment of obesity** with newer medications and compare with other treatments to include lifestyle and bariatric surgery. Gitanjali Srivastava MD Obesity Medicine Expert Celebration FL

**Type 2 Diabetes and Metabolic Syndrome in Adolescents** – Janet Silverstein MD Professor of Pediatrics University of Florida

**5 PM Adjourn**

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