



Rural Health Network

Support Connect Improve

MEETING MINUTES

WEDNESDAY, SEPTEMBER 30, 2015-

2:00PM

400 HEALTH PARK BLVD, FLAGLER HOSPITAL, ST AUGUSTINE, FL

ANNUAL MEETING

Board Members Present:

Stella Mouzon (President- SJRRHN/ St.Vincent’s Mobile Health Outreach),Karen Peyton (Treasurer- SJRRHN/Clay Behavioral Health),Debbie Wood, (Vice President-SJRRHN/Azalea Health/FQHC)-via conference, Dr. Dawn C. Allicock (FDOH St. Johns)- via Conference ,Dr. Eugenia Ngo-Seidel (FDOH Nassau)- via Conference ,Kerry Dunlavey (FDOH Baker) -via conference, Mary L. Garcia (FDOH-Putnam)-via conference Gina Mangus (Flagler Hospital),Laureen Pagel (Mental Health, Sutton Place Behavioral Health)-via conference,

Associate Members:

Julie Seals- AHEC, Jan Cairnes- Hanley Center Foundation, Christopher Glymph-Hanley Center Foundation, Scott Wink- Winn Dixie, Bryan Campbell- Duval County Medical Society, Katie Kesler- Clay Behavioral, Audrey Gardner- UNF MPH STUDENT, Angie Koury- Koury & Associates, Sirena Boykins-Baptist Medical Center Rose Cuenta-Mayo Clinic, Kacie Main-Baptist Medical Center

Staff members:

Bernadette Overstreet ,Tatiana Ramirez (HPC),Deanna McDonald (HPC),Joyce Case (HPC),Flora Davis (HPC) Dawn Pietrewicz (HPC),Emily Suter (HPC),Angela DeMonbreun (HPC)

Welcome and Introductions	<p>Meeting was called to order by Bernadette Overstreet. Members were asked to introduce themselves and new members were welcomed. Bernadette Overstreet gave a brief history , background and mission of the St. Johns River Rural Health Network. Discussed various administrative addresses of the St. Johns River Rural Health Network; Established in 1993 (Clay, Flagler, St. Johns, Volusia)</p> <p>1994: 501 South Clyde Morris Blvd Daytona Beach, FL</p> <p>1996: 301 South Lemon Street Bunnell, FL 32110</p> <p>1998: Expanded into Putnam & Baker County</p> <p>2001: 2801 Kennedy Street Palatka, FL</p> <p>2007: 480 Lowder St Macclenny, FL</p> <p>2015 : 110 N 11th Street Palatka, FL</p>
Review of Meeting Minutes	<p>Members reviewed the minutes from the last meeting held on May 21st 2015. No additions, deletions, or corrections</p> <p>A motion was made by Kerry Dunlavey (–FDOH Baker) & 2nd Deanna McDonald (Health Planning Council of Northeast Florida, CEO). Minutes were approved by Board Members.</p>

Nomination of 2015-2016 Officers	<p>The slate of current officers for this year was reviewed and a motion was made to accept the slate as presented. Board members voted in favor of approving current slate of officers for 2015-2016. Nominations were solicited at previous RHN meeting. The officers will be Estella Mouzon as President, Deborah Wood as Vice President, and Karen Peyton as Treasurer.</p>
Revision to Bylaws	<p>Revision made to 2015-2016 By Laws: Location of Principal Office was changed to 110 N 11th Street Palatka, Florida 32177. Kerry Dunlavey motioned to approve the Bylaws. The motion received a second from Deanna McDonald. Bylaws were approved by Board Members.</p>
SJRRHN Strategic Goals Update	<p>2014-2015 Year End Final report reviewed.</p> <p>2015-2016 Work Plan Reviewed</p> <p>Strategic goals reviewed and provided to members. Goals will be amended based on activities and RHN Board priority areas.</p> <p>Goal 1: Encourage a continuum of quality healthcare services for rural residents</p> <p>Goal 2 Establish programs and protocols that improve the provision of access and coordination of all healthcare services</p> <p>Goal 3: Improve the financial sustainability of rural hospitals and healthcare delivery services in the RHN/s area by integrating public and private resources.</p> <p>Goal 4: Coordinate Activities with the specific state/regional entities (AHEC, DOH, Local Health Planning Council, Office of Rural Health, Community/Migrant Health, Community and Provider Partner</p> <p>Goal 5: Foster and maintain community partnerships consistent with the Network’s purpose and intent by maintaining a Board of Directors that derives membership from local government, health care providers, businesses, consumers, and others.</p> <p>Goal 6: Provide current information and resources to the public /community and provider partners within the RHN, regarding activities of the RHN and its members/partners (ex- Creating a Rural Health Network Guide, resource center in Northeast Florida Counts &/or SJRRHN website)</p> <p>No changes requested by the Board to the work plan</p>
Budget	<p>Budget as of 8/31/2015 reviewed by Bernadette Overstreet & Deanna McDonald</p> <p>Total Revenues: 947,567.48</p> <p>Total Expenses: 164,937.08</p> <p>Total Liabilities and Net Assets: 396,123.22</p>
Announcement Members updates around the region	<p><u>SJRRHN</u>- Low Income Pool funding sunset 6/30/2015, no additional funds received from AHCA. Partnered with County Health Department in joint venture to submit a request for application for Baker, Clay, Nassau, Putnam, St. Johns to submit a grant in the amount of \$1.5 Million to deliver diabetes management initiatives & decrease ER visits due to preventable circumstances and complications related to diabetes to uninsured and underserved populations. (Putnam County to take lead on joint venture for administration of grant) Grant submission 9/30/2015. Award announcement 10/21/2015. Last year of the 3 year HRSA grant – Baker, Clay,</p>

Nassau, Union , Bradford: Diabetes Quality Improvement Initiatives and measured evaluated at each site. Standard Diabetes Protocols to be implemented and local codes created in HMS to assist in data & measurement period.

Nassau County: Dr. Seidel- Announced that Nassau has wrapped up their Community Health Improvement Plan (CHIP) using MAPP and working with the Partnership for Healthy Nassau group. Identified the top 3 strategic priorities in Nassau County; 1. Substance Abuse & Mental Health 2. Access to Care & Adequate Providers 3. Transportation. Through the Integrated Care Model, NCHD partnering with Starting Point Behavioral Health. Prevention Counselors will be trained to do mental health expert screenings at the Nassau County Health Department.

Starting Point Behavioral Health, Laureen Pagel: Integrated Care Model : Prevention Counselor onsite at Barnabus Center Nassau County & Nassau County Health Department

St. Johns County: Dr. Allicock –St. Johns County received 2015 Sterling Award and attended the Sterling Conference in Orlando June 2-5, 2015. In recognition of World Heart Day, the Florida Department of Health in St. Johns County hosted a 5K Walk/Run on Saturday, September 26, and Free Hands-Only CPR Training on Tuesday, September 29th. These events were held to raise awareness that heart disease and stroke are the world’s leading causes of death. For their second World Heart Day event, the Florida Department of Health in St. Johns County partnered with St. Johns County Fire Rescue to host free Hands-Only, CPR Training on Tuesday, September 29, 2015.

St. Vincent Mobile Health Outreach Ministry Clinic: Stella Mouzon: Announced that St. Vincent Mobile Health Outreach added a Behavioral health component to mobile health unit. Submitted a grant for the homeless serving (Clay and St. Johns Counties & received funds to provide services in partnership with the Wildflower Clinic to target homeless: Providing homeless outreach services

FDOH Baker: Kerry Dunlavey- World Heart Day was 9/26/2015. 5k Fun Run in Baker County @ Memorial Park in collaboration with Baker County Sheriff’s Office and Baker County School District: Attendance by superintendent . Tobacco Free Florida—Tools to quit smoking, 9/22/2015 class @ Baker County Health Department. Sponsored by AHEC and the Florida Department of Health. Baker County Health Assessment Surveys were presented at the 9/14/2015 Healthy Baker Meeting

FDOH Putnam: Mary –Partnership with Putnam county School District working with counselors to reach children in the schools. 5k walk 9/26/2015 in recognition of World Heart Day through Putnam County Historic District. Historic re-enactment followed after 5k walk/run. Kick off for the Compression Only CPR education classes.

Clay Behavioral: Karen Peyton: Received a 4 year grant (400K for 4 years) to serve mental illnesses- Integrating Primary Care & Behavioral Health. Potential partner is Clay County Health Department. Annual Ride Fundraiser 10/17/2015.

Clay Behavioral: Katie Kessler(Americore Member) is working with patients to assist with implementing wellness initiatives, exercise programs, and stress relief

Azalea Health: Deborah Wood: Announced the grand opening of the Azalea Health Palm Coast location

AHEC: Julie Seals : Discussed the Biz Fit Wellness Workshops created and taught by Physicians, Health Educators, RDs, Certified Health & Wellness Coaches. Popular programs include: Clean Eating By Design, Fitness By Design, The Beat on the Heart, BizFit Nutrition, Biz Fit Weight Management, Women’s Health, Men’s Health, Financial Freedom

Winn Dixie Pharmacy Scott Wink: Recently partnered with Celebrity Chef Curtis Stone to enhance their Wellness Initiatives. Chef provides fast, delicious, healthy meals.

Winn Dixie pharmacies are providing free metformin and free Lisinopril (customer must sign up for a winn dixie card to be eligible for free medication)

Winn Dixie pharmacy is surveying pharmacy customers to inquire why customers are only filling one prescription and do not return. Customers are receiving an “ Adherence Score”

Flagler Hospital Gina Mangus: Hospital Initiatives to focus on 1. Mental Health 2. Substance Abuse 3. Obesity 4. Infant Mortality 5. Product Development Prescription Assistance Program recently developed. Program will assist patients at discharge with filling out paperwork and applications for discounted and/or free prescriptions. Paperwork will need to be updated frequently, assistance with application and paperwork process will be available to patients. Care Coordinators are providing home visit services upon ER discharge to follow up with patients to prevent readmissions and provide health education services. Flagler Hospital Physician on site at the Wildflower Clinic on Wednesdays to provide Chronic Disease services.

Duval County Medical Society Bryan Campbell: Duval County Medical Society is managing the data and website for the Million Pound Challenge . Northeast Florida to lose 1 Million Pounds – 2 year timeline. The official launch will be aligned with the most recent county health rankings.

Hanley Center Foundation: Jan Cairnes : Discussed funded programs in Putnam County for the next three years under the Prevention Partnership Grant ; Active Parenting, Alcohol Literacy Challenge, Mental Health First Aid. Jan to send email with description of each program offered. Safe server training to be offered.

PATH joint venture with YMCA Kacie Main : Identifying and preventing diseases and preventing chronic diseases among employers. PATH provides worksite screenings and personal health surveys.

Health Planning Council of NE Florida:

Deanna McDonald: Announced that the Healthcare Heroes nominations were being accepted until 10/2/2015. Nominations for healthy public policy heroes are also

	<p>accepted.</p> <p><u>Emily Suter</u>: Health Planning and Health Impact Assessments. Lead the Clay County Health Assessment. Findings from the Clay County Health Assessments ; Mental Health is number 1 issue in Clay County. Emily also facilitates the Northeast Florida Cancer Control Collaborative: 4 Work Groups: Infrastructure, Disparities, Prevention, Survivorship</p> <p><u>Joyce Case</u>: Announced there will be NO PPO plans available on the Marketplace this open enrollment season. Insurance plans under The marketplace expire 12/31/2015. Individuals must be enrolled for new plan by 12/1/2015.</p> <p><u>Dawn Pietrewicz</u>: Reviewed features of the Northeast Florida Counts Dashboard.</p> <p><u>Tatiana Ramirez</u>: Discussed the Key Dates for the Health Insurance Marketplace 11/1/2015: Open Enrollment begins for 2016, 12/31/2015: Coverage ends for 2015 Marketplace plans begin for 2016 : Coverage can begin for 2016 Marketplace Plans, 1/31/2016: Open Enrollment ends</p> <p>Currently hiring for Navigators to place in rural communities to bring services and education to rural residents (Serving Baker, Nassau, Clay, Volusia, St Johns, Flagler, Duval)</p> <p>Nassau: Barnabus, Clay: Clay Behavioral – Enrollment sites. Working in partnership with Enroll America to enhance services.</p> <p>Putnam County is serviced by WellFlorida</p> <p>Certified application Counselors available to the rural residents at the Azalea Clinic, placed by the Swanee River AHEC</p> <p><u>Flora Davis</u>: Program Coordinator ,Ryan White Program; Working to expand into Health Literacy services; review readability , language and styles of forms for effective health information exchange.</p>
Required action	<p>All RHN members will be notified and reminded about the upcoming meetings</p> <p>SJRRHN budget information and updates will be presented at each meeting</p>
Adjourn	<p>The meeting was adjourned at approximately 4:00 pm</p>
Next Meeting	<p>December 9, 2015 @ 2PM @ Flagler Hospital</p>