



# Rural Health Network

Support Connect Improve

## MEETING MINUTES

October 23, 2014  
TELECONFERENCE

**Board Members Present:** Kerry Dunlavey ( President, FDOH Baker), Dr. Eugenia Seidel ( FDOH Nassau)-via conference, Stella Mouzon (vice-president, St.Vincent’s Mobile Health Outreach), Deborah Wood (Treasurer, FQHC-Family Medical and Dental Centers ) , Karen Peyton ( Clay Behavioral Health Center ) , Lauren Pagel ( Sutton Place Behavioral Health )-via conference, Clarissa Ortiz ( NE Florida AHEC)-via conference

**Guest:** Sharon Clarke (Provider Support Specialist Magellan Complete Care), Barika Grayson (Provider Support Specialist Magellan Complete Care)- Presenter , Julie D.Seals (Rural Site Coordinator AHEC)  
**Staff members:** Monifa Charles (Director Rural Health Initiative) , Bernadette Overstreet (PTP Program Coordinator)-via conference , Tatiana Ramirez (PTP Health Educator/Data Specialist)-via conference  
 HPC- Deanna McDonald –CEO - via conference

<p><b>Welcome and Introductions</b></p>	<p>Kerry welcomed all members, guest, and all introduced themselves to initiate the meeting.</p>
<p><b>Minutes from June /Teleconf.</b></p>	<p>Members reviewed the minutes from the June 26<sup>th</sup> 2014.        June minutes emailed to members before meeting. Review of minutes. No additions, deletions, or corrections, but update from minutes :        Stella (St. Vincent) –Question- What was the outcome of Dr. Shahady’s update from the letter of support regarding the DMCP registry.        Monifa- Dr. Shahahy was unable to attend will provide update from outcome of LOS.        Dr. Seidel -registry has moved off the FAFP platform, DMCP has set up a 5013(c) status – performing all the diabetes work through the DMCP, Inc.        Minutes Approved: Accepted Stella ( St. Vincent) &amp; 2<sup>nd</sup> Deborah Wood ( Azalea Health)        August 28, 2014 Meeting was cancelled.</p>
<p><b>New Business</b> <b>Members updates around the region</b></p>	<p><u>NE Florida Area Health Education Center (AHEC):</u> Clarissa (via conference) and Julie Biz Fit- Corporate Wellness Program offer employees: Health Risk Assessment (HRA), the employee gets a report describing personal health risk based on a unique health-algorithm. In addition, Biometric screenings (blood pressure, cholesterol, and blood glucose, and body composition data (height, weight, BMI, body fat, and waist circumference), and Wellness coaching, selections- wellness classes, nutrient, diabetes, heart disease, financial freedom healthy families, etc- to identify key health issues and wellness goals. Work with company according to their budget to put together a complete wellness program. Brochure distributed to attendees, website <a href="http://www.BIZFIT.ORG">www.BIZFIT.ORG</a> for more information.</p> <p>Received a Rural Residency Grant in partnership with St. Vincent Hospital and Scared Heart Healthcare. The goal is to increase the presence of Family Medicine physician in rural areas and encourage Medical Residents in Florida to say and work among Florida’s rural population. Grant deliverables place Family Medicine Resident at clinic for rotations, the clinics will receive a weekly stipend for participating as a rotation site.</p> <p>Awaiting the final signature from the Department of Health to start the project.</p>

Family Medical and Dental Centers/FQHC: Debbie Wood

Submitted a New Access Point Grant for Flagler County

The purpose of the Health Center Program New Access Point (NAP) funding opportunity through HRSA is to improve the health of the Nation's underserved communities and vulnerable populations by increasing access to comprehensive, culturally competent, quality primary health care services. NAP funding provides operational support for new primary health care service delivery sites. Would not know if awarded until May 1.

St. Vincent Mobile Health Outreach Ministry Clinic: Stella Mouzon:

Launched a new program to work with employers to provide health screenings for employees. The Mobile Unit will be onsite at the organizations and a Nurse Practitioner to conduct the health screenings and to work with employees. St. Vincent has always worked on a charitable level with the community and organizations but this will be a revenue source for the mobile unit to help off –set some of their expensive. They already have one employer signed up. Annual dental clinic proposed for February will partner with Florida Baptist already enlisting volunteer dentist for the dental clinic, last year had 19 volunteer dentists and reached 181 patients.

Clay Behavioral Health Center, Inc: Karen Peyton

No new updates since last few months however will start gearing up for services in the schools with the Students Assistants Program (SAP). This program offers prevention and intervention services with an onsite counselor in the schools. The benefits of Student Assistance Program and the school community is having access to on-site counseling and referral services, professional, on-site response to mental health emergencies, including suicide assessment or coping with lose, and substance abuse education.

Recently, received a grant from Baptist Health to hire another position in Keystone area - identified as an underserved area. Additionally, working on understanding the concepts and details with Medicaid Manage Care plans. Looking forward to HIT sessions and information.

Baker County: Kerry Dunlavey

Conducted the meeting and provided feedback.

Regional Health Consortium group meeting temporarily place on hold.

Nassau County: Dr. Seidel (via conference)

The Florida Department of Health and local partners are currently implementing local-level actions for Ebola and other Emerging Infections (EVD68) to include: (1) monitor situation, (2) disseminate information to health partners and (3) focus on disease surveillance. Florida Department of Health Initiative- Nassau county is working on promoting Healthiest Weight Initiatives and Community Champions deadline is November to recognize local government policy and practices. In honor of Food Day October 24, 2014, Nassau County will host an event to hand out healthy recipes to the community.

Nassau county is in the process of reapplying for Tobacco Prevention Grant.

Community Health Improvement Plan (CHIP) just published with the Progress Report, and facilitation of the new MAPP cycle to being January 2015.

Project Turning Point :Bernadette Overstreet /Tatiana Ramirez

Tatiana (Project Turning Point Program Baker, Bradford & Union Counties) - Baker County just completed diabetes group class, coordinated with Health Educators at Baker County Health Department. The Diabetes classes are twice month. Dr. Seidel will assist Bradford County short-term; this will be extremely helpful to clinician team and PTP, hoping to outline health initiatives and strategies to implement new ideas similar to Nassau county.

Bernadette (Project Turning Point Program Clay & Nassau) - Dr. Shahady from the Master Diabetes Clinical, Inc with diabetes registry currently is offering his assistance to Nassau County to work with PTP high risk diabetes patients, he will provide brief consultants, feedback, and offering recommendations.

Starting Point Behavioral Health: Laureen Page!

Has launched the first Mental Health First Aid Program in Nassau County. The Mental Health First Aid program teaches individuals skills they can use to help someone in a crisis and know how to direct them to professional intervention or care. Mental Health First Aid is an eight-hour training certification course that teaches participants a five-step action plan to assess a situation, select and implement interventions and secure appropriate care for the individual. The certification program introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews common treatments. Starting Point Behavioral Health is scheduling community mental health First Aid classes there are two instructors to cover adult's age range and youth age range. Certified in following areas: Veterans, Rural, Higher Education, Public Safety only two National certified with all those credentials in the entire State of Florida.

For more information <http://www.mhfanassau.com/>

Rural Updates: Monifa

- SJRRHN Website: Almost completed will be launch before the end of the year...closer to Thanksgiving ( Tab areas- About us, Membership, Program and Services, Rural Health, Resources, Health IT, and Contact Us) – any pictures that members would like to share of activities, events attended, please email to SJRRHN will be place on the website.
- We have a new logos design for the SJRRHN - tag line and with text image.
- Health Resources and Service Administration (HRSA) - Received \$25k as supplemental funding to work with uninsured during the enrollment period for funds cover outreach and education – events such as health fairs, civic clubs, community meetings, education materials –brochures, flyers, radio, T.V ads. Providing referrals for the Federal Health Insurance Marketplace by the trained outreach & enrollment assistance
- As part of our priority areas HIT-SJRRHN has collaborated with NW region to train a selected few members in our network – Health Information Technology Program sponsored by North Florida Community College. Classes start Jan 7, 2015. Course is timeframe is 6 months online modules, prepares members to take the Certified

	<p>Healthcare Technology Specialist (CHTS-Practices Workflow) examine –Goal in mind improve healthcare quality, safety, cost effectiveness in our communities- Health organizations transition - Health transition from paper to digital records.</p> <p>Funding opportunities: HRSA</p> <ol style="list-style-type: none"> <li>1. Rural Health Care Services Outreach Program \$200,000 per year for up to 3 years Consortium for 3 or more separate entities – evidence-based or promising practice models, track specific health indicators to demonstrate impact Deadline Nov 14, 2014</li> <li>2. Rural Network Allied Health Training Program \$300,000 per year for up to 3 years, network of 3 or more separate entities, supports training for allied health professionals to work in rural hospitals in clinics application available December 2014</li> <li>3. Rural Health Network Development Planning Program (Network Planning)</li> <li>4. \$100,000 for 1 year, three or more separate entities, identifies potential network partners, community needs assessments, economic impact analysis, no direct service, and application is available November 2014.</li> <li>5. National Rural Health Day is November 20, 2014- if you plan on participating or promoting any activities. Please let SJRRHN know we will send out a press release or post on the website.</li> </ol>
<p><b>Guest Presentation</b> <b>Organization:</b> <b>Magellan Complete Care/</b></p>	<p>Barika presenter: Magellan Health is management company that focuses on complex and high cost areas of healthcare, with an emphasis on special population management as it relates to mental health Magellan collaborates with providers to improve the health and well-being of individuals and lower the cost of care. The model of care used is tailored for the population in need. Utilize care coordination team: Health guide, primary behavioral health provider, primary medical provider, family members’ representatives, caregivers, other, pharmacist, peer support specialist, wellness specialists and care workers, and integrated care case manager (CM).</p> <p>Key points: (1) Magellan Healthcare – behavioral health and substance abuse, integrated medical and behavioral care, EAP and employer health and wellness, psychotropic drug management, Magellan Complete Care,(2) NIA Magellan –advanced and non-advanced imaging, cardiac, radiation oncology, OB ultrasound, Emergency department, Pain Management, Sleep Management, (3) Magellan RX – Pharmacy benefit administration, Medicaid formulary management, Pharmacy Claims management, CMS and supplemental rebate management, Medical pharmacy, Specialty pharmacy .</p> <p>A PowerPoint presentation was provided to all for more in-depth information.</p>
<p><b>St. Johns River Officer Nomination /SJRRHN Meeting</b></p>	<p>All Board of Director Officers were present at the meeting, the Bylaws were reviewed and approved, no changes, the time for quarterly meetings has changed from 2:30pm -4:30pm to 2:00pm to 4:00pm, the meeting locations will be rotated around the region. This will allow members and guest to attend, to recruit and increase the membership. The Voting Ballots for officers: President /Vice-President/ Treasurer – members were send reminders to submit nomination. Board of Directors stated would not mind continuing their office</p>

	<p>position.</p> <p>Members are encouraged to access website for information. Rural Health Network website. <a href="http://www.stjohnsriverrhn.org">www.stjohnsriverrhn.org</a></p> <p>Monifa stated that the website will be updated in the coming months to include a new look and will provide a broader view of the Rural Health Network. Information will be submitted with the details to each member to review.</p>
<p><b>Announcements upcoming conferences/trainings</b></p>	<p>The Florida Rural Health Association is having their 21<sup>st</sup> annual educational summit in Orlando Nov 19-20, 2014 at Florida Mall Hotel and Conference Center section on ICD-10 training ; <a href="http://floridaruralhealth.org/">http://floridaruralhealth.org/</a></p> <p>Topics include:</p> <ul style="list-style-type: none"> <li>• Gaps in the Healthcare Workforce and Returning Veterans</li> <li>• Affordable Care Act and Impacts on Rural Florida, One Year Later</li> <li>• Compliance Services, Privacy &amp; Security</li> <li>• 2015 Legislative Session Ideas and Strategies</li> </ul>
<p><b>St. Johns River Rural Health Network Survey Results</b></p>	<p>A total of 9 responded to the survey. Objective of the survey</p> <ul style="list-style-type: none"> <li>• Increase members and associate members interest</li> <li>• Increase participation &amp; engagement</li> <li>• Recruit new members</li> <li>• Align and provide the most efficient services</li> <li>• Provide support within our network</li> </ul> <p>Some questions included in the “monkey survey” Some questions.</p> <ul style="list-style-type: none"> <li>• <b>Q. What are some of the strengths/best practices of your organization in your county and/or area? EPI Surveillance and Investigations, Women Infant and Children Services, Public health advocate -source of health care and prevention services, Knowledge of community health needs and strong partnerships</b></li> <li>• <b>Q: What are some of the area(s) that you would like to improve or expand on for your organization in your county and/or area? Quality Improvement ,Diabetes Education and or Management, Transportation, Afford Care Act rural initiatives Grants to have a direct impact in the community, Coordination - community calendar, Reciprocal client eligibility/share services ,Needs assessments</b></li> <li>• <b>Q: Which of the following topics of interest to have speakers for presentations/training. – Grants and marketing/outreach services.</b></li> <li>• <b>Q: Overall, how satisfied are you with your experience in Rural Health Network? 2 responding–Extremely satisfied/ 3 responding stated moderately satisfied.</b></li> </ul> <p>A PowerPoint overview was provided to members for in-depth information.</p>
<p><b>Open Discussion</b></p>	<p>St. Johns River Rural Health Network applied for the Premier Cares Award will hear back in mid-December.</p> <p>Area Health Education Center - Contacted St.Vincent’s Medical Mobile Unit for assistance to go out and provide medical care to an area in Flagler County community with 3,500 people living in unincorporated Daytona North (Flagler County) no running water, poor conditions. In contact with Flagler County Free Clinic/ Health Department to find solution and health resources.</p> <p>Come across this community by –Researching Tobacco Farms – staff from Area Health Education Center</p>

	<p><b>Presenter contact information:</b>  Barika S. Grayson, LMHC, NCC, CCM  Provider Support Specialist  Magellan Complete Care of Florida  6870 Shadowridge Drive Suite 111 Orlando, Florida 32812  C. 904-239-2989 F: 888-656-4894 E: <a href="mailto:BSGrayson@magellanhealth.com">BSGrayson@magellanhealth.com</a></p> <p>Share information with SJRRHN for any updates</p>
<b>Required action</b>	<p>All RHN members will be notified and reminded about the upcoming meetings</p> <p>Submit nominations for Board Officers: President/Vice-President/Treasurer</p> <p>Follow-up on community with 3,500 unincorporated - Julia (A.H.E.C) will send update info</p>
<b>Adjourn</b>	<p>The meeting adjourned at approximately 4:45 pm</p> <p>Chair and RHN Director thanked everyone for attending and for their continued partnership and their significant contributions to the network.</p>
<b>Next Meeting</b>	<p><b>Date: Thursday January 29,2015</b></p> <p><b>Location: Florida Department of Health Baker County</b>  <b>480 West Lowder Street</b>  <b>Macclenny, Florida</b></p> <p><b>Time: 2:00pm-4:00pm</b></p>
<b>Handouts</b>	<p><b>Meeting hand-outs distributed (1) Agenda, (2) PowerPoint presentation Magellan Complete Care,(3) St. Johns River Rural Health Network Bylaws, (4) St Johns River Rural Health Network Survey Monkey Results.</b></p>